

24/7 On-call After Hours Service — Otway Health Ph: 5237 8500**Location: 75 McLachlan Street, Apollo Bay**Apollo Bay Medical Centre Ph: 5237 8595 | Email: apollobaymedicalcentre@gorh.vic.gov.auOtway Health Reception Ph: 5237 8500 | Email: enquiries@gorh.vic.gov.au

A Message From Our CEO

Thanks to the community for continuing to stay COVID-19 safe, whilst we work through what a COVID-19 safe summer might look like.

There have been some welcome changes to visitor restrictions in the past week, especially in aged care. We still require visitors to be screened on entry, keep physical distance and wear masks but the restrictions on the number of visitors and length of time visiting has been eased.

We are working through re-introducing our group activities and outings, keep an eye out for further information.

COVID-19 testing is available by appointment 7 days a week at Otway health, if you are unwell please get tested. Call us on 5237 8500 to book your test.

Thank you, Sandy Chamberlin.

Second Sails

Second Sails Op Shop will be hosting another pop up furniture store on Tuesday 8 December between 2.30pm and 5.00pm.

If you have any pre-loved furniture you would like to donate, please call Raelene on 408 255 789 to organise a suitable delivery time.

For regular donations of household items, clothing, appliances and more, please make sure to make an appointment by calling 408 255 789. This will ensure our team and volunteers don't get inundated with donations. Thank you.

Piano

We have been incredibly lucky to receive a new piano for the Laura Pengilley Aged Care Wing, donated to us by Lorna Pitkelthy. Our residents will benefit from listening to their favourite songs, especially over Christmas.

Our old piano is free to a good home. Being an older piano, it will require some TLC to bring it back to its former glory. If you would like to find out more, please contact Kerry Bubica or Libby Van Leeuwen on 5237 8500.

Apollo Bay Medical Centre

The Apollo Bay Medical Centre is open Monday –Friday from 8.45am –5.45pm. We strongly encourage members of our community who are unwell to please get seen, no matter how small the issue. Please do not ignore your health, especially during the pandemic.

If you would like to make an appointment, please call and speak to a friendly member of our team on 5237 8595.

Allied Services

Over the Christmas period, the In-Home & Social Support Services Department will be having a short break from 5pm Thursday 24th December 2020 and will be re-opening on Monday 4th January 2021.

Please note, there will be **NO** domestic assistance, social support services, property maintenance, transport, home exercise programs or group-based activities during this time.

Essential services including Delivered Meals, Community Nursing and Personal Care will continue to operate as usual.

Allied Health

- Physiotherapy available 30 & 31 December
- Exercise Physiology resumes 4 January
- Occupational Therapy resumes 11 January
- Social Work available 29,30 &31 December
- Home Based Exercise programs resume 4 January

Should you like some more information, please feel free to call us on 5237 8500 and speak to a friendly member of our reception team.

Save The Date

Great Ocean Road Health will be hosting a virtual AGM on **Monday 21 December at 2pm**. Please log onto our registration link 15 mins prior to the meeting.

<http://greatoceanroadhealth.hippomedia.net.au>